

Ib Pob Khoom Siv Thaum Muaj Kev Puas Tsuj

Xuaj moom tom qab muaj kev puas tsuaj losis xwm ceev nws yuav phom sib rau koj thiab koj tsev neeg. Hluavtaws xob, gas, dej thiab xovtooj yuav tsis ua haujlwm. Xws li cov neeg tua hluavtaws thiab cov tub ceev xwm yuav muaj num tseemceeb thiab phom sib ua lawm. Koj yuav tsum npaj rau koj tus kheej – kom kav li peb hnuv tom qab ib qhov kev puas tsuaj loj. Cov khoom tom qab no, nco ntsoom muaj cia rau ib qhov chaw muab cuag:

Npaj Cov Khoom Yoojyim Siv

- Dej dawb – ib nkasloos ib tug neeg ib hnuv (Npaj kom txaus ib asthiv)
- Ib pob khoom lim dej huv
- Cov ntaub qhwv, nyiam qhuav yuav ntshiab phau ntawv thaum muaj kev kub ntsov
- Zaub mov noj – cov tsis txawj lwj
- Ib tug qhib kos poom (tsis txhob siv fais fab)
- Pam vov losis cov pam vov ua hnav looj
- Vib thab nyub siv yoj teeb losis lub vib thab nyub xuas tes tig, teeb tsom, thiab npaj yob teeb ntxiv
- Cov tshuaj tseem ceeb (tshuaj rau ntshav qab zib, thiab lwm yam)
- Ntxiv ib daim iav txiav ntawm tus kws mob
- Ntxiv ib tug yaum sij rau lub tsev thiab lub tsheb
- Ib poom kua tua hluavtaws – hom A-B-C
- Zaub mov noj, dej dawb haus, thiab hlua khi tsiaj nyob hauv tsev
- Nqa nyiaj siv thiab cov ntawv nyiaj
- Me nyuam mos liab cov khoom siv: hmoov mis mos, raj mis, txiv mis qhua, xum npum thiab me nyuam mos liab cov hmoov phoom pob twm, khaubncaws, pam vov, ntaub so pob twm, cov pawj qhwv me nyuam mos liab pob twm, poom mov, thiab kua txiv qaub
- Luam cov ntaub ntawv tseem ceeb

Cov Khoom Siv Tu Kom Huv

- Hnub yas loj rau khoom pov tseg; phav yas and tsho yas tiv nag
- Thoob khib nyhiab loj
- Lub xum npum thiab kua xum npum ntxhua khaubncaws
- Tshuaj zawv plaub hau
- Tshuaj txhuam hniav thiab tus txhuam hniav
- Txiv neej/poj niam cov khoom siv kom zoo
- Ntaub hoob nab
- Tshuaj dawb tu tsev
- Tshuaj tua kab mob
- Thoob nrog lub hau kaw kom ceev

Kev Xyuas Xim thiab Khab Seeb

- Cov khaub ruaj khov, nqa khaubncaws ntxiv
- Cov hnav looj tes ruaj khov tus nroj tsuag
- Tswm ciab, ntais ntawv ntub dej tau
- Rab riam losis tus vog
- Txoj hlua dej npaj tua hluavtaws thiab raj yas khoob qhov
- Cwj mem qhuav thiab daim ntawv
- xov tooj nqa ntawm tes thiab lub toj fais fab
- Tsev ntaub kaus
- Phau ntawv thiab tej yam kev uasi rau me nyuam

Khoom Ua Noj

- Riam yas, diav rawg yas, diav yas
- Phaj ntawv, khob ntawv thiab ntawv so tes ntawv ci ruaj khov
- Qhov cub siv nraum zoov (ceebtoom: kuaj xyuas seb puas to qab thiab tsis txhob siv taub gas thiab cov qhov cub siv thee rau hauv tsev nte taws)

Cuabyeej Thiab Khoom Siv

- Taus, duav yawm av, khaub rhuab
- Ib pob khoom rau tej ciaj siv xws li cov ciaj ntswj ua tau ntes thiab luv, tus tig ntsia hlau, txaus thiab rab rauj
- Ntaub nplaum ruaj khov, rab tuas staple thiab daim hloos npog rau qhov rais
- Hlua ruaj khov loj li ½", ntev li 100'
- Daim ntawv qhia kev rau lub nroog/zos

Tsev Neeg Ntaub Ntawv Tseem Ceeb

- Daim ntawv cwj tseg, pob kasphais, cov ntawv cog lus, nyiaj txiag muaj paj, daim ntawv yug, daim ntawv sib yuav, daim ntawv tuag
- Daim ntawv hla ciam teb, daim ntawv social, credit card thiab daim ntawv txhab nyiaj thiab daim ntawv txhaj tsuaj